Content

- 1. Introduction
- 2. Components and Duration of Job Training Course of Supervisors
- 3. Curriculum Content of Job Training Course of Supervisors
- 4. Programme Schedule of Job Training Course of Supervisors
- 5. Programme Content of Job Training Course of Supervisors

Job Responsibilities of a Supervisor

A. Planning & Administration

- 1. Planning Activities at AWC
- 2. Preparing List of Equipment and Material Required at Each AWC
- Supply and Distribution of Food, Medicine, Preschool Education Material and Equipment to AWWs
- 4. Collecting MPRs from AWWs
- 5. Verifying Accuracy of Data and Records of AWWs
- 6. Planning & Organising Sectoral/Project Level Meetings
- 7. Maintaining Attendance and Leave Records
- 8. Preparing List of AWWs/Helpers for Training
- 9. Assisting CDPO in
 - Disbursing Honoraria to AWWs/Helpers
 - Making Alternate Arrangements during Leave of AWWs/Helpers
 - Making Arrangements for Storage of Food, Material & Equipment
- 10. Finding out/Sorting Personal & Functional Problems of AWWs/Helpers
- 11. Helping Illiterate AWWs in Filling up Registers & Records

B. Supervision & Continuing Education

- 12. Supervision and Monitoring of Day to Day Activities at AWC like
 - Enrolment of Beneficiaries
 - Identification of Severely Malnourished Children
 - Organisation of Preschool Education Activities
 - Quantity & Quality of Food Prepared & Served/Distributed and in Stock
 - Arrangements for Proper Storage, Preparation/Distribution of Food
 - Arrangements for Storage of Equipment and PSE Material
- 13. Continuing Education to AWWs while Conducting Family Survey, Organising PSE activities, Distribution of Supplementary Nutrition, Organising Mother's Meeting etc.
- 14. Supervision and Continuing Education to AWWs during Home Visits and while Counselling and Interaction with Caregivers

C. Training

15. Planning & Organising Induction Training of AWWs/Helpers

D. Service Delivery

- 16. Growth Monitoring of Children
- 17. Management of Childhood Illnesses-Identification and Treatment
- 18. Referral Services
- 19. Prevention and Early Detection of Disabilities

E. Monitoring & Evaluation

- 20. Assessing Functioning of AWCs
- 21. Analyzing Skills and Work Performance of AWWs
- 22. Preparing Quarterly/Annual Action Plan
- 23. Compiling & Reviewing Reports and MPRs of AWWs; and Interpretation of Data
- 24. Assessing Shortfalls in Achievements, Reporting to CDPO and Suggesting Corrective Measures
- 25. Coordination with Department of Family Welfare, Department of Education, Directorate of Information and Broadcasting Especially Department of Field Publicity and Song & Drama Division.
- 26. Coodination with PHC and Sub Centre
- 27. Maintaining Liaison with ICDS and Health Functionaries

The **Key Elements** of the Revised Syllabus are:

- ⇒ Child Centered Development Approach
- ⇒ Life Cycle Basis for Interventions
- ⇒ Child's Rights Perspective
- ⇒ Gender Sensitivity
- ⇒ Emphasis on Preventive Approaches to Malnutrition & Disability
- ⇒ Reaffirming Sound Traditional Child Care Practices
- ⇒ Family Focussed and Community-Based Approach
- ⇒ Enabling Joyful Learning Environment
- ⇒ Focus on Under-Threes
- ⇒ Communication and Counselling skills
- ⇒ Self Evaluation and Self Assessment

The **Guiding Principles** for Revision of Syllabus are:

- ⇒ Development of each Module Keeping in View:
- Key Elements
- Responsibilities, Tasks & Qualifications of Supervisors
- ⇒ Each Theory Session of not More than One Hour and Fifteen Minutes Duration
- ⇒ Emphasis on Hands-on-Experience & Skill Building
- ⇒ Supervised Practice Instead of Field Placement
- ⇒ Highlighting Inter Linkages Across Components

The Major Learning Goals of Job Training are -

- 1. Planning AWCs Activities
- 2. Supervision & Monitoring Day to Day Work of AWCs
- 3. On the Job Guidance and Education to AWWs
- 4. Planning & Organising a Training Programme
- 5. Organising Delivery of Services
- 6. Importance of Early Childhood Care & Development
- 7. Improved Family & Community Practices in Nutrition and Health Care
- 8. Nutritional Assessment and Counselling for Young Children
- 9. Improving Parenting Skills and Behaviours
- 10. Organising Early Childhood Care and Education Activities
- 11. Management of Childhood Illnesses and Early Detection of Disabilities
- 12. Communication Techniques for Behaviour Change
- 13. Advocacy for Child Survival and Development in the Community

The document includes detailed Curriculum Content, Programme Schedule and Programme Content.

Project UDISHA

Syllabus For Job Training of Supervisors

2005 National Institute of Public Cooperation & Child Development 5, Siri Institutional Area, Hauz Khas, New Delhi-110016

Syllabus for Job Training Course of Supervisors

Introduction

Training of ICDS functionaries is one of the most vital component of ICDS Programme and is acknowledged as the key factor in successful implementation of the programme. With the launching of Project UDISHA in 1999, training of ICDS functionaries has been redefined. Central to Udisha is the vision that all functionaries of ICDS should be developed into agents of social change and aims to bring about best from every ICDS functionary.

The team of ICDS functionaries comprises AWWs, Helpers, Supervisors and Child Development Project Officers (CDPOs). In large size rural and tribal projects, Additional Child Development Project Officers (ACDPOs) are also part of the team. A Supervisor—the middle level functionary of ICDS team—performs an important role of facilitating timely and effective delivery of services under ICDS Programme. In order to carry out their job responsibilities effectively. Supervisors are given job training and then refresher training from time to time.

The syllabus for Job Training Course (JTC) of Supervisors has been revised keeping in view the role, job responsibilities, qualifications and skills required to enable AWWs and Helpers to run an AWC (Fig.1). The revised syllabus is of 30 days duration (Six days per week, Saturday working) with 26 working days. Out of this, 23 days are for Institutional Training with practicals and mock sessions and 3 days are for Supervised Practice. The Supervised Practice is to provide opportunity to the trainee Supervisors to practice the tasks they have to perform at AWC and to assist the CDPO. The job training is to be conducted using participatory learning techniques. The classroom teams is to be supported by role play, demonstration and exercises on hands-on-experience, and case studies. In addition to Supervised Practice, adequate time is to be given to develop communication skills of Supervisors. In order to give quality training, feedback mechanism is built into each component. The job training of Supervisors is to be conducted at the Middle Level Training Centre in the State.

The job responsibilities of a Supervisor are as given below: